

# Senior Care Management Services

Gain peace of mind with expert caregiving support

Are you concerned about an aging loved one? Are you worried that their home setting may no longer be safe? To help you better understand the needs of aging loved ones, you have access to Senior Care Management Services. Your Senior Care Manager will conduct an in-home assessment and deliver a personalized care plan with recommendations.

## You're not alone\*

- There are 40.4 million unpaid caregivers of adults ages 65 and older in the United States.
- 23% of adults ages 45 to 64 cares for an aging adult.
- 6 in 10 adults with at least one parent age 65 or older say they have helped their parent with errands, housework or home repairs

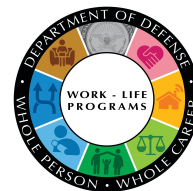
\*Bureau of Labor Statistics, "Unpaid Eldercare in the United States," September 2017

## Key features

- An in-home assessment of an adult's activities of daily living and living conditions
- A personalized care plan with care recommendations
- 24/7/365 access to Adult Care specialists who will review the care plan with you, provide expert guidance and refer you to helpful resources as recommended in the care plan such as home health care providers, community resources, and/or long-term care
- Ongoing access to Adult Care specialists who can provide expert guidance, information and referrals at any time care needs change

## Support is always available

Contact your program today for more information.



**Employee Assistance Program**  
**1-866-580-9046**